

ELEMENTARY STUDENT BREAKFAST SURVEY

PLEASE CIRCLE YOUR ANSWERS!

1. Did you have breakfast this morning before you came to school?

YES

NO

2. Did you have any of these foods before school? Circle which ones you had for breakfast this morning.

Milk/Soy Milk

Juice/Fruit/Vegetable

Meat/Cheese/Yogurt/

Cereal/Bread/Muffin/Rice/

Egg/Beans/Fish

Bagel/Tortilla

If none of these, what did you eat this morning? _____

3. Did you have breakfast at school this morning?

YES

NO

If no, why not? _____

4. How do you feel when you've missed breakfast?

5. Do you get hungry before lunch?

YES

NO